

Code of Conduct for Children and Young People

As a young person taking part in our sport, we'd like you to:

The essentials

- keep yourself safe by listening to your coach, behaving responsibly and speak out when something isn't right
- when you're with us, stay in the places where you're supposed to and don't wander off
- take care of our equipment and premises as if they were your own
- make it to sessions on time and if you're running late, let a member of staff know
- bring the right kit to your session and wear appropriate kit for the weather conditions
- not smoke or consume alcohol on our premises or during practices, competitions or when representing us
- not take any form of illegal substance or misuse any substances to enhance your performance – help us promote health, fairness and equality

Behaviour

- respect and celebrate difference in our club/sport and not discriminate against anyone else on the grounds of gender, race, sexual orientation or ability
- report any incidents of bullying, including homophobia and transphobia to a member of staff, even if you're just a witness
- treat other young people with respect and appreciate that everyone has different levels of skill and talent
- make our club/sport a welcoming and friendly place to be
- respect our staff and other participants
- not use mobile phones in changing areas
- think carefully about how you use social media and who you connect with. Respect your sport - celebrate success but don't comment negatively on others. Communications with your coach will always be via club channels - not personal social media accounts.
- get involved in club or activity decisions, it's your sport too!

As a young person taking part, we understand you have the right to:

- enjoy the time you spend with us and know that you're safe
- be told who you can talk to if something's not right
- be listened to
- be involved and contribute towards decisions within the club or activity
- be respected by us and other team members and be treated fairly
- feel welcomed, valued and not judged based on your race, gender, sexuality or ability
- be encouraged and develop skills with our help
- be looked after if there's an accident or injury

We expect all young people to follow the behaviours and requests set out in this code. If any young person behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with parent/carer's involvement and aim to resolve the issue.

Continued issues and repeated breaches of this code may result in us regrettably asking you to leave the activity, event or club permanently, for the welfare of other young people and our staff. This is something we never want to do.

Note: The term 'children', 'child' or 'Young Person' describes any person under the age of 18.

Signature of young person:

Signature of parent/carer:

Date: